

Leadership in Action

By Pilar Griffin

As a member of the International Council of Initiatives of Change International amidst other duties, I bear a key responsibility to:

- Empower people as agents of change and build leadership capacity through carefully designed and supervised **training and development**.
- Design and manage **collaborative actions** with partner agencies and IofC national bodies.

Training and development: In line with IofC's mission of personal transformation as a pathway to societal renewal, I designed and facilitated two workshops titled "Human Being: Energy in Transformation."

The objectives were:

- To equip participants with tools for self-awareness, emotional resilience, and ethical leadership.
- To introduce The PILLARS Guide, a 12-step framework for personal empowerment and global transformation.
- To foster a reflective space where individuals could connect inner transformation with outward action.

The PILLARS guide served as the core methodology of the workshops. It provided a structured pathway to personal empowerment, emphasizing:

- Mindful self-reflection
- Emotional alignment
- Values-based decision-making
- Sustainable personal and collective transformation

The 12 steps are proposed in 3 different modules that guide a process of awareness and consciousness to understand the potential of each human being as energy in constant transformation.

Cognition: identity, belonging, acceptance, choice

Consolidation: enjoyment, dreams, growth, love

Contribution: perception, creativity, sharing, beautification



Participants responded positively, noting increased clarity in their potential as human beings, their leadership roles and renewed creativity to take constructive action in their communities.



Collaborative actions:

These workshops were carried out in partnership with Initiatives of Change France, strengthening cooperation within the IofC network. Together, we coordinated the integration of the workshops into the **Learning Planet Festival powered by UNESCO** in Paris, from the 21 to the 28th of January 2026.

This event focused on education, creativity, planetary well-being, and youth engagement.

What was the real impact to partner with IofC France and the Learning Planet Festival?

- Enhanced global visibility for IofC's approach to personal transformation.
- Strengthened trust and working relationships between the IC and IofC bodies.
- Provided participants from diverse backgrounds with practical tools to initiate personal change and to support ethical leadership and positive societal impact.

This collaboration exemplifies the Council's priority to foster joint initiatives that extend IofC's reach and relevance.

My work during this period reaffirmed the importance of:

- Inner transformation as the foundation of sustainable leadership.
- Cross-cultural collaboration in amplifying IofC's global mission.
- Practical frameworks like the PILLARS Guide in translating IofC values into action-oriented learning experiences.



Serving on the International Council continues to be a meaningful opportunity to embody and promote IofC's core principles of honesty, purity, unselfishness, and love while supporting emerging leaders worldwide. I look forward to continuing this work during the following months, and supporting the growth of individuals and communities committed to building trust and ethical leadership in the world.

Just sent by email the below text:

Event's review by Mounir Beltaifa

Être humain, énergie en transformation, Paris 23-24 Janvier 2026

A practical compass for personal and collective choices

On January 23rd and 24th, 2026, Initiatives of Change France had the privilege of hosting a series of workshops facilitated by Pilar Griffin, member of the Initiatives of Change International Council, as part of the UNESCO Learning Planet Festival 2026. Thirty participants—young

people and adults alike—engaged in an intensive and deeply human learning experience entitled « *Être humain, énergie en transformation* ».

At a time marked by profound economic, social, moral and environmental crises, and by the worrying rise of extremism, polarization and disregard for the rule of law—locally and internationally—many individuals and communities are seeking simple, reliable and empowering tools to make conscious choices and regain a sense of agency. This is precisely what Pilar Griffin’s approach offers.

Based on a 12-step accompaniment process, the workshop guides participants through a structured yet accessible journey of self-knowledge, acceptance, healing, choice, creativity, and contribution. Rooted in the core values of Initiatives of Change—integrity, responsibility, reconciliation, and service—this methodology places each human being at the center of their own transformation, while explicitly linking personal growth to community impact and planetary care.

Participants reported greater clarity about their identity, stronger emotional awareness, renewed confidence in their capacity to choose, and a deeper connection with others. The process does not promise abstract answers; instead, it equips individuals with a practical inner compass—one that can be mobilized in daily life, leadership roles, education, civic engagement, or intergenerational dialogue.

We express our deep gratitude to Initiatives of Change International and Initiatives of Change France for creating the conditions for such learning spaces to exist, and our sincere appreciation to Pilar Griffin for her clarity, humility, and pedagogical rigor. Her work demonstrates that transforming the world begins with transforming the energy we embody—and that learning, at any age, can truly help us take care of ourselves, others, and the planet.